

Day 1

Earthly Alchemy

Arrival and Welcoming

18h - 20h

Nourishing Dinner

20h - 21h

Connecting & Deepening

21h - 22:30h

Water Memories Yoganidrá

22:15h - 22:45h

*Blooming with
Love*

Day 2

Inner Embrace

Yoga Samkhya

8:30h - 10h

Nourishing Breakfast

8:30h - 10:30h

Journey Through Nature's Senses

11h - 13h

Nourishing Lunch

13:30h - 14:30h

Nurturing the Goddess within

14:30h - 16:30h

Embodied Intimacy

17h - 19h

Nourishing Dinner

20h - 21h

Transformative Spring

Meditation

21:30h - 22h

Day 3

Sacred Bloom

Yoga Samkhya

8:30h - 10h

Nourishing Breakfast

8:30h - 10:30h

Embodying the Cosmic Flow Arts

11:30h - 13h

Nourishing Lunch

13:30h - 14:30h

Celtic Spring Magic

15h - 17h

Heart Centre Healing Circle

17:30h - 19:30h

Nourishing Dinner

20h - 21h

Inner Child Explorations

21:30h - 22h

Day 4

Spirit's Wisdom Seekers

Yoga Samkhya

9h - 10h

Nourishing Breakfast

9h - 10:30h

Holistic Living & Nature

Connection Tour

11h - 13h

Nourishing Lunch

13:30h - 14:30h

Water Spirit Wisdom

15:30h - 16:15h

Sensual Alchemy: writing

through the 5 senses

17h - 19h

Nourishing Dinner

20h - 21h

Sacred Songs and Dancing

Flames

21h - 22h

Day 5

Ancestral Rhythms

Yoga Samkhya

8:30h - 10h

Nourishing Breakfast

8:30h - 10h

Wildflower Goddess Alchemy -

Wildcrafting & Yoni Steam

10:30h - 12h

Blossoming Brotherhood: A Circle
of Trust

10:30h - 12h

Nourishing Lunch

13:30h - 14:30h

Embodiment Practice

14:30h - 15h

Journey to Euphoria: A Conscious
Dance Experience

16:30h - 18:30h

Closing Ceremony

19h - 19:30h